



HARVARD-WESTLAKE SPORTS MEDICINE

April 28, 2015

Dear Parents:

As the new season approaches, it is a wonderful time to make a small investment in the health and safety of your child's teeth. The dental community is unanimous in its position that properly fitted mouth guards can prevent a host of injuries. Most importantly, mouth guards prevent dental injuries, lacerations to the lips, jaw fractures, neck injuries, as well as protect dental appliances/orthodontics. The American Dental Association and The Academy of Sports Dentistry recommend mouth guards for all contact and collision sports, especially football, basketball, lacrosse, field hockey, baseball, soccer, martial arts and wrestling. Custom-fitted, dentist manufactured, mouth guards offer the best protection, fit and comfort level.

Jeffrey Hoy, DDS (drhoydental.com) has been treating dental trauma and sports-related dental/facial injuries for over 25 years. **Dr. Hoy will be on the Upper School Campus May 13, 2015 to fit athletes for the upcoming fall season. The fittings will begin at 2:30.**

The price for the custom-fitted mouth guards for \$70.00. If a replacement is necessary during the current season it will be provided at no additional charge. If a replacement is necessary during the current school year at a later time, there will be a handling fee of \$35.00. Since these appliances are custom-fitted, there can be no refund once they are purchased.

Please, be advised that if a mouth guard is a year or more old, it will not offer the necessary protection. **All mouth guards must be checked** by Dr. Hoy.

If you have any questions please call or email Sandee Teruya 818-487-6689 or steruya@hw.com.

Sincerely,

The Harvard-Westlake Sports Medicine Team
Robert Ruiz, Milo Sini, Sandee Teruya, Amanda Zamani