

PHOTO BY REGGIE FERRAZ

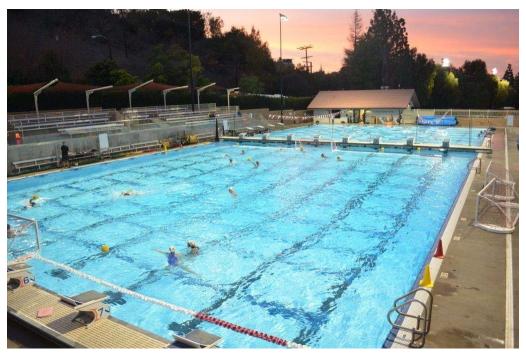
# GIRLS WATERPOLO 2017-18 MEDIA GUIDE

HARVARD-WESTLAKE SCHOOL



### **HARVARD-WESTLAKE**







#### Media Guide Contents:

- Harvard-Westlake at-a-glance
- Wolverine Athletic Facilities Home of Champions
- HW Power
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- HW Athletic Hall of Fame
- Head of Girls' Water Polo Program Emily Greenwood
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#### HARVARD-WESTLAKE AT A GLANCE

Harvard-Westlake School is an independent coeducational college preparatory day school, grades 7-12. It is the result of a merger between Harvard School, founded in 1900, and Westlake School for Girls, established in 1904. Coeducation began in September of 1991.

#### Student Profile

- 1599 students enrolled
- 727 at Middle School (Grades 7-9)
- 872 at Upper School (Grade 10-12)
- Student to Faculty Ratio: 8:1
- Average Class Size: 16

#### Advanced Placement Results

In 2016, 663 Harvard-Westlake students took 1,911 A.P. tests

#### SAT Performance (Class of 2017)

Critical Reading: 701 Math: 729 Writing: 712

#### National Merit Recognition

Harvard-Westlake ranks among the top high schools in the country in number of National Merit Semifinalists. In the class of 2017, there are 75 students who received National Merit Recognition, with 26 students as National Merit Semifinalists.

#### Finances

 Operating Budget:
 \$79,000,000

 Endowment:
 \$95,000,000

 Annual Giving:
 \$ 8,300,000

#### Financial Aid

For the 2017-18 academic year, a total of over \$11 million was committed to aid. This represented more than 14% of the school's entire operating budget. Roughly 20% of the student body, were served. Automatic coverage of many school-related expenses raised the total of an average financial aid package to \$32,500.

#### HARVARD-WESTLAKE ATHLETIC FACILITIES

The Copses Family Pool on Harvard-Westlake's upper school campus is a 50-meter pool, manufactured by Myrtha Pools in Mantua, Italy.

The stainless-steel pool features a surge tank underneath the pool deck to keep the water level, which reduces water resistance for swimmers. The facility also includes a pool house and bleachers.

The Copses Pool is home to Harvard-Westlake's 2013 CIF-SS Boys' Water Polo Division I Champions, who were also named Totalwaterpolo.com's #1 ranked team in the



The Taper Gymnasium is located on Harvard-Westlake's Upper School Campus.

Its walls, festooned with league, CIF-Southern Section, State and National Championship banners tells of the storied Wolverine athletic program.

Taper gym is home of the Wolverine Basketball and Volleyball programs.





The recently renovated O'Malley Family Field in Encino, is Harvard-Westlake's state-of-the-art baseball complex, featuring professional grade turf, drainage and irrigation systems, dugouts, bullpens, clubhouse and a covered hitting facility behind the right-field fence.

The O'Malley Field is home to HW's 2013 CIF-SS Division I Baseball Champions, who were also named the 2013 Perfect Game High School National Champions.



Ted Slavin Field is located on the Upper School Campus. Built in 2003, it features an NFL-caliber Field Turf surface and a synthetic track.

It is the proud home of Wolverine Football, Soccer, Track & Field, Lacrosse, and Field Hockey.

Many of our student athletes who have graced the Ted Slavin field have gone on to professional, Olympic and collegiate success in their chosen sports.

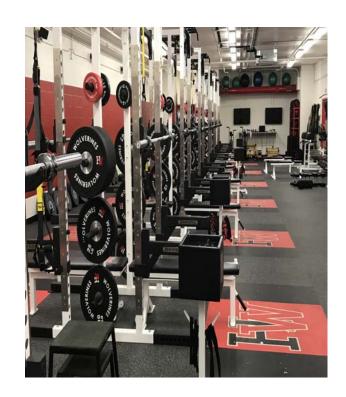
# HARVARD-WESTLAKE s c h o o l

### **Sports Performance**

It is the mission of the Sports
Performance Department to encourage
each student athlete to strive for
excellence.

Our primary objectives are to teach the proper fundamentals of strength and conditioning, improve athletic performance, and reduce the risk of injury.

Our sport-specific training components include ground-based movements, multi-joint movements, three-dimensional movements, explosive training, progressive overload, pillar stability, flexibility and recovery, energy system development, linear speed development and lateral speed and agility development.



Department Chair, Jeff Crelling





## HARVARD-WESTLAKE S C H O O L

#### SPORTS MEDICINE

The Harvard-Westlake School Sports Medicine Program provides injury prevention, care and treatment services to the school's student-athletes. The Sports Medicine Program strives to establish itself as a model of excellence in sports medicine care.

Our services are categorized into the following areas: injury prevention (taping, bracing, padding, orthotic construction), management of athletic injuries (first aid, evaluation, referral, contest coverage) and rehabilitation of athletic injuries. We educate student-athletes about athletic injuries so they are empowered to lead healthier, injury-free lives. We use the best technology available for the prevention and treatment of athletic injuries and upgrade equipment and supplies whenever necessary.

There are four main goals of the Sports Medicine Program:

- Provide efficient and timely care to our student-athletes.
- Encourage an atmosphere that values health and wellness.
- Enable injured student-athletes to safely return to competition as soon as possible.
- Reduce the risk of athletic injury for our student-athletes.

We work closely with the strength and conditioning program, the coaches, the athletic support staff, school administration, physicians and other healthcare providers to provide the best possible healing environment for our student-athletes.

Department Chair, Brian Gallagher





# HARVARD-WESTLAKE ATHLETIC HALL OF FAME

|   |                      |                            | T -                    |
|---|----------------------|----------------------------|------------------------|
| Class of 2003                                   | Sport                | Class of 2004              | Sport                  |
| David Moran ('92)                               | Boys' Track & Field  | Sarah Breech ('97)         | Girls' Soccer          |
| Jennifer Wong ('92)                             | Girls' Cross Country | Marissa Irvin ('98)        | Girls' Tennis          |
| Josh Minuto ('93)                               | Wrestling            | Zach Schwartz ('98)        | Boys' Soccer           |
| Jesse Stern ('93)                               | Boys' Track & Field  | ` ′                        | ,                      |
| Jim Toring ('93)                                | Boys' Water Polo     |                            |                        |
| Erin Winter ('93)                               | Gymnastics           |                            |                        |
| ` ,   |                      |                            |                        |
| David Brende ('94)                              | Boys' Swimming       |                            |                        |
| Alexis Larsen ('94)                             | Girls' Swimming      |                            |                        |
| Phil Tseng ('94)                                | Boys' Tennis         |                            |                        |
| Jenni Kriste ('96)                              | Girls' Volleyball    |                            |                        |
| Jarron Collins ('97)                            | Boys' Basketball     |                            |                        |
| Jason Collins ('97)                             | Boys' Basketball     |                            |                        |
| Trevor Julian ('97)                             | Boys' Volleyball     |                            |                        |
| Class of 2005                                   | Sport                | Class of 2006              | Sport                  |
|   | <del>-</del>         |                            | •                      |
| John Dewell ('80)                               | Volunteer            | Joe Axelrad ('00)          | Boys' Water Polo       |
| Peter Hudnut ('99)                              | Boys' Water Polo     | Lee Carlson                | Coach                  |
| Rebecca Rauth ('99)                             | Girls' Track & Field | Rich Corso                 | Coach                  |
| William Strickland ('99)                        | Boys' Volleyball     | Imani Dorsey ('00)         | Girls 'Soccer          |
| Omelogo Udeze ('99)                             | Girls' Basketball    | Jeanine Jackson ('00)      | Girls' Water Polo      |
|   |                      | Russell Lakey ('00)        | Boys' Basketball       |
|   |                      | Anna Russell ('00)         | Softball               |
|   |                      | Gary Thran                 | Coach                  |
| Class of 2007                                   | Smort                |                            | _                      |
| Class of 2007                                   | Sport                | Class of 2008              | Sport                  |
| Ina Kim ('01)                                   | Girls' Golf          | Elena Ferrero ('02)        | Softball               |
| Jon Schaeffer ('94)                             | Baseball             | Karalyn Kuchenbecker ('02) | Girls' Volleyball      |
| Karina Siam ('01)                               | Girls' Basketball    | Jill Oakes ('02)           | Girls' Soccer          |
| Barbara Welsh                                   | Coach                | Courtney Schultz ('02)     | Girls' Volleyball      |
| Class of 2009                                   | Sport                | Class of 2010              | Sport                  |
| Brennan Boesch ('03)                            | Baseball             | Lindsay Flacks ('04)       | Track & Field          |
| Juan Delgadillo ('03)                           | Boys' Water Polo     | Shelly Madick ('04)        | Softball               |
|   |                      |                            |                        |
| Katie DeWitt ('03)                              | Girls' Track & Field | Bryce Taylor ('04)         | Basketball             |
| Alexandra Dunphy ('03)                          | Girls' Volleyball    |                            |                        |
| Gina Farias-Eisner ('03)                        | Girls' Soccer        |                            |                        |
| Alexandra Fisher ('03)                          | Girls' Soccer        |                            |                        |
| Jason Glushon ('03)                             | Baseball             |                            |                        |
| Matthew Lachman ('03)                           | Boys' Track & Field  |                            |                        |
| John Ludden ('03)                               | Boys' Track & Field  |                            |                        |
|   |                      |                            |                        |
| Joshua Satin ('03)                              | Baseball             | 10010                      |                        |
| Class of 2011                                   | Sport                | Class of 2012              | Sport                  |
| Jared Bell ('05)                                | Track & Field        | Bridget Ballard ('06)      | Cross-Country, Soccer  |
| Jay Connolly ('05)                              | Boys' Water Polo     | Meredith Butte ('06)       | Swimming, Track        |
| Alexa Merz ('05)                                | Girls' Swimming      | Brian Flacks ('06)         | Girls' Water Polo      |
| Kenji Porter ('05)                              | Wrestling            | Jesse Quiroz               | Boys' Water Polo       |
| 1.5.13.1 5.15.1 (50)                            | 1.1.559              | Ed White ('06)             | Coach Boys' Basketball |
| Class of 2013                                   | Sport                |                            |                        |
|   | Sport                | Class of 2014              | Sport                  |
| Cara Bickers ('07)                              | Track & Field        | Nadia Dan ('08)            | Girls' Water Polo      |
| Ryan Calvert ('07)                              | Football             | Julie Fernandez ('08)      | Softball               |
| Yosepha Greenfield ('07)                        | Basketball           | Cathryn Quinn ('08)        | Girls' Volleyball      |
| John Howe ('07)                                 | Football             | Ryan Thacher ('08)         | Boys' Tennis           |
| ` ´   |                      | Sam Wagner ('05)           | Boys' Tennis           |
| Class of 2015                                   | Sport                | Class of 2016              | Sport                  |
| Jim Brink                                       | Coach                | Haley Boyson ('10)         | Girls' Soccer          |
| Alex Holmes ('00)                               | Football, Basketball |                            | Girls' Basketball      |
|   |                      | Sydney Haydel ('10)        |                        |
| Jonathan Martin ('08)                           | Football             | Nicole Hung ('10)          | Girls' Basketball      |
| Jim O'Connor                                    | Coach                | Nicole Nesbit ('10)        | Girls' Basketball      |
| Ī   |                      | Meg Norton ('10)           | Girls' Volleyball      |
|   |                      | Niels Traum (240)          | \\/rootling            |
|   |                      | Nick Treur ('10)           | Wrestling              |
| Class of 2017                                   |                      | Nick Treur (10)            | Wresting               |
| Class of 2017 Ashley Grossman ('11)             | Water Polo           | Nick Freur (10)            | vvresuirig             |
| Ashley Grossman ('11)                           | Water Polo           | Nick Treur (10)            | Wresumg                |
| Ashley Grossman ('11)<br>Zaakirah Daniels ('10) | Track and Field      | Nick Treur (10)            | Wiesung                |
| Ashley Grossman ('11)                           |                      | Nick Treur (10)            | Wiesung                |

# HEAD OF HARVARD-WESTLAKE GIRLS' WATER POLO PROGRAM



EMILY GREENWOOD
HEAD OF PROGRAM
GIRLS' WATER POLO

"I am so excited to be named the Girls' Water Polo Head Coach at Harvard-Westlake, I loved the experience of working with the girls as an assistant coach and am ready to lead the program. I want to increase the number of girls in the program and achieve a consistent level of excellence for Wolverine girls water polo."

- Emily Greenwood

**Emily Greenwood** is Harvard-Westlake's Program Head for girls' water polo. In this role she oversees the Wolverine teams for the middle and high school.

Greenwood graduated from UCLA with a BA in history and is currently pursuing an M.Ed. and a multi-subject teaching credential.

As a UCLA women's water polo player, Greenwood experienced two third place finishes in the NCAA tournament and in 2012 was named an All-American, made the NCAA All-Tournament team and led the Bruins in earned ejections and penalties.

Upon graduation from UCLA, Emily played water polo professionally in Italy for three years before returning to the US to begin her coaching career.

The Wolverines are focused on building on their success, and continuing to be a perennial water polo power in the Mission League and in the CIF Southern Section.





### CIF SOUTHERN SECTION DIVISION 3



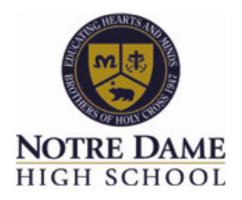












### 2017-18 HARVARD-WESTLAKE VARSITY GIRLS' WATER POLO SCHEDULE

| DATE      | TIME     | OPPONENT/LOCATION                         |
|-----------|----------|---|
| 12/1/2017 | 02:30 PM | @ Fountain Valley in Claremont Tournament |
| 12/1/2017 | 04:10 PM | @ Fullerton in Claremont Tournament       |
| 12/2/2017 | 11:00 AM | @ La Quinta in Claremont Tournament       |
| 12/2/2017 | 09:00 AM | @ Palos Verdes in Claremont Tournament    |
| 1/4/2018  | 04:30 PM | @ St. Lucy's HS                           |
| 1/5/2018  | 12:00 AM | @ Arroyo Grande Tournament                |
| 1/6/2018  | 12:00 AM | @ Arroyo Grande Tournament                |
| 1/9/2018  | 04:00 PM | vs Claremont HS                           |
| 1/11/2018 | 12:00 AM | vs Alemany HS                             |
| 1/15/2018 | 11:00 AM | @ Peninsula HS                            |
| 1/16/2018 | 04:00 PM | vs Louisville HS                          |
| 1/18/2018 | 04:00 PM | vs Marymount HS                           |
| 1/23/2018 | 04:00 PM | @ Marlborough HS                          |
| 1/25/2018 | 04:00 PM | vs Flintridge Sacred Heart HS             |
| 1/26/2018 | 12:00 AM | @ Bonita Tournament                       |
| 1/27/2018 | 12:00 AM | @ Bonita Tournament                       |
| 1/30/2018 | 04:00 PM | @ Notre Dame HS                           |
| 2/1/2018  | 12:00 AM | @ Irvine Tournament                       |
| 2/2/2018  | 12:00 AM | @ Irvine Tournament                       |
| 2/3/2018  | 12:00 AM | @ Irvine Tournament                       |



# 2017-18 HARVARD-WESTLAKE VARSITY GIRLS' WATER POLO ROSTER

| CAP# | NAME             | <b>GRADE</b> |
|------|------------------|--------------|
| 1    | Emily Hilliard   | 11           |
| 2    | Adeline Jackson  | 9            |
| 3    | Abby Wiesenthal  | 10           |
| 4    | Pria Pant        | 12           |
| 6    | Taylor LaCour    | 11           |
| 7    | Juliette O'Brien | 9            |
| 8    | Alex Button      | 9            |
| 9    | Meera Burghardt  | 10           |
| 11   | Namlhun Jachung  | 10           |
| 17   | Sonya Ribner     | 11           |

HEAD COACH: EMILY GREENWOOD ASSISTANT COACHES: MATT KUBECK, PETER SCHIAVELLI, BRIAN FLACKS (AQUATICS DIRECTOR)



# 2017-18 HARVARD-WESTLAKE VARSITY GIRLS' WATER POLO

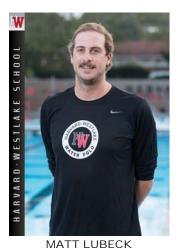


# Wolverines

### GIRLS' WATER POLO COACHING STAFF 2017-18



EMILY GREENWOOD - HEAD OF PROGRAM



ASSISTANT COACH



PETER SCHIAVELLI ASSISTANT COACH



BRIAN FLACKS AQUATICS DIRECTOR

#### ATHLETIC ADMINISTRATION & SUPPORT STAFF



TERRY BARNUM HEAD OF ATHLETICS



SCOTT BELLO ATHLETIC DIRECTOR



DARLENE BIBLE ATHLETIC DIRECTOR



JASON KELLY ATHLETIC DIRECTOR



MATT LACOUR ATHLETIC DIRECTOR



BRIAN GALLAGHER DIRECTOR SPORTS MEDICINE



KELLI BLUMBERG SPORTS MEDICINE



DR. RICHARD FERKEL TEAM PHYSICIAN



ALEX CALDERON SPORTS MEDICINE



TIARA WELLS SPORTS MEDICINE



JEFF CRELLING DIRECTOR SPORTS PERFORMANCE



SPORTS PERFORMANCE



SPORTS PERFORMANCE



SPORTS PERFORMANCE



KESHISH-BANOOCY
SPORTS PERFORMANCE



JULIANNA HICKS
EXECUTIVE
ADMINISTRATIVE
ASSISTANT



TAMI GIBSON ADMINISTRATIVE ASSISTANT



MIGUEL ACEVEDO EQUIPMENT MANAGER



ROBERTO HERNANDEZ ATHLETICS FACILITIES MANAGER



CARLOS SAMAYOA ATHLETICS FACILITIES

### JOE LESTER PHOTOGRAPHY



To order your 2017-18 Harvard-Westlake Action Shots

Visit Joe Lester Photography Joelesterphotography.com

### **REGGIE FERRAZ PHOTOGRAPHY**









To order your 2017-18 Harvard-Westlake Girls' Water Polo Individual and Team Shots

Visit Reggie Ferraz Photography www.reggieferraz.com



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